



Still Game Programme

Both your local SPL clubs Dundee United FC & Dundee FC are delivering the 'Still Game' project aimed for people aged 60+. Come along and take part in a number of different activities tailored to the ages mentioned. Participants can try new things, meet new people, learn about new technology, receive advice, take part in forms of exercise, keeping safe and maintaining well being.

Sessions take place where? - Tannadice Park and Dens Park Stadium

When? –

Tannadice- Every Wednesday from 27th February to 1st of May 10 am to 12 noon (ten week programme)

Dens Park - Every Wednesday from 27th February to 1st of May 10 am to 12 noon (ten week programme)

Cost? - Free of charge

What do I bring? - Yourself, all activities will be organised for you
(Maybe asked to bring in things from the past etc for an activity)

Who takes the sessions? - Community development officers and guest speakers

Refreshments provided every week

Chances to meet your heroes of the past and possibly those of today

To book a place please call Lali Tudela on 01382 305703

Also let Lali know if you wish to attend the Dundee United FC or Dundee FC sessions

